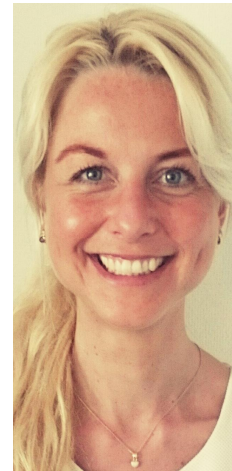


Curriculum Vitae Anna Marie Hendriks

Personal details

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Nationality: Dutch / Czech
Driving license: B
Marital Status: Single
Sofi: 109758298



Summary

Anna Marie Hendriks was born on June 29, 1987 in Heerenveen, The Netherlands. After having graduated secondary school in 2005 (Linde College in Wolvega) she started studying Health Sciences at Maastricht University. In 2008 she was a graduated bachelor in Health Sciences and did she decide to take a sabbatical to work as a volunteer at a school for disabled children in Gwalior, India. After she returned from this sabbatical, she started a Master in Health Promotion at Maastricht University in 2010. She obtained her master's degree in 2011. Anna Marie started as a PhD-student after she briefly worked as a research assistant at the department of Health Promotion in 2011. In July 2015 she submitted her dissertation. In the future, Anna Marie hopes to combine her three biggest passions: writing, interviewing and travelling.

Samenvatting

Anna Marie Hendriks studeerde Gezondheidswetenschappen aan de Universiteit van Maastricht. Na haar bachelor heeft ze een half jaar vrijwilligerswerk in India gedaan, met daarop volgend de master Health Promotion aan de Universiteit van Maastricht. Na haar studie is ze als onderzoeksassistent bij de Universiteit van Maastricht aan de slag gegaan waarbij ze zich onder andere bezig hield met het onderzoek naar stoppen met roken. Vanaf februari 2011 is ze werkzaam als PhD student op de vakgroep Health Promotion van de Universiteit van Maastricht. Ze houdt zich bezig met het project 'Consortium Integrale Aanpak Overgewicht' (CIAO). Zij onderzoekt hoe integraal gezondheidsbeleid om overgewicht bij kinderen te voorkomen tot stand komt. De eerste drie jaar heeft zij daarvoor gemeenten in Nederland bestudeerd. Afgelopen jaar heeft ze in het kader van dit onderzoek 3 maanden in Sydney aan de Menzies Centre for Health Policy onderzoek verricht en 5 maanden in Fiji op het Ministerie van Volksgezondheid. Daarnaast is ze momenteel bezig met het afronden van haar proefschrift en het uitwerken van een onderzoeksvoorstel voor haar vervolgonderzoek.

Training and education

2009-2010	Master Health Education and Health Promotion (cum-laude)	Maastricht, NL
2005-2008	Bachelor Health Sciences: Health Education, Minor Mental Health	Maastricht, NL
1999-2005	Atheneum Linde College, Profile Nature and Health	Wolvega, NL

Professional appointments

Jul 1 2015 – Oct 1 2015	Maastricht University – Post-doc research and freelance text writer - Assistant text writer for several projects - Preparing new research proposal to conduct life-history interviews on obesity prevention on the former Netherlands Antilles (Aruba, Bonaire, Curacao, St. Eustatius, Saba, St. Maarten) (till October 1 2015)
Jul 1 2015 – Sept 1 2015	Tilburg University – assistant text writer for several projects
Feb 1 2011- July 1 2015	Maastricht University – PhD study - writing scientific papers, studying health policy development - developing education for new Health Promotion Master - giving lectures, tutoring - Promotors: Prof. Ir. Maria Jansen. Prof. Dr. Stef Kremers, Prof. Dr. De Vries
Dec 2013- May 2014	Ministry of Health Fiji - evaluating the development of integrated public health policies to prevent childhood obesity
Sep 2013-Dec 2013	Menzies Centre for Health Policy – University of Sydney - evaluating a policy instrument designed to guide the formulation of Active Living policies in local councils in New South Wales, Australia
2010 - 2011	Maastricht University – Research assistant
2009 - 2010	Maastricht University – Research assistant while obtaining Master degree in Health Promotion
2008 - 2009	‘Amar Jyoti’ School and Rehabilitation Centre - Delhi and Gwalior (India): Volunteer work, Several activities that support the development of children with disabilities and their teachers
2007 - 2008	Woman’s Health Centre Maastricht - Volunteer work - Several promotion activities
2006 - 2008	Maastricht University – Tutoring, Education - training courses, problem-based learning classes
2003 - 2006	Several part-time jobs: aerobics instructor, tour guide, organizing bed&breakfast

Received funding

Name Project: PhD research in Australia and Fiji
Period: 10-09-13 – 10-04-2014
Project coordinator: Anna Marie Hendriks
Funded by: Limburgs Universiteitsfonds SWOL

Name Project: Evaluation Active Living policy instrument
Period: 10-09-13 – 10-12-2013
Project coordinator: Anna Marie Hendriks
Funded by: Menzies Centre for Health Policy, Sydney (Australia)

Main research themes and personal interests

My PhD research theme is to study how intersectoral collaboration between policy sectors can lead to integrated public health policies to promote public health and prevent overweight in children. My studies have taken place in Dutch and Australian local governments and in the national government of Fiji. Furthermore, I am involved in the development of a course in the Master of Health Promotion regarding integrated policy development and teaching in several courses within this master program.

Interests of mine (besides my PhD-topic) include understanding health behavior of non-Western cultures, prevention of life-style related diseases in countries that face the nutrition-transition, and qualitative research methods like the life-history method. Therefore, I have studied and published about the health beliefs regarding dietary behavior and physical activity of Surinamese immigrants of Indian descent in The Netherlands and was involved in writing a review on dietary behavior and physical activity of the Inuit population in North Canada.

Besides these research interests, I like to travel, explore non-Western cultures, and write about my experiences. Since I am always curious to what is outside my comfort-zone I tend to travel to countries where either the culture is completely different or where the living-standards are not at the same level as in the Western world. Furthermore, I like long-distance running, spinning, squash, cooking with friends, reading, and visiting my family in Prague with friends. As a person, I consider myself curious, independent, easily motivated and proactive, and able to easily adapt to other cultures.

Publications

1. **Hendriks A-M**, Kremers SPJ, Jansen MWJ, Seidel JC, Vries de NK, Gubbels JS: Interventions to promote an integrated approach to public health problems: an application to childhood obesity. *Journal of Environmental and Public Health* 2012;2012(2012):1-14.
2. **Hendriks A-M**, Kremers SPJ, Gubbels JS, Raat H, Vries de NK, Jansen MWJ: Towards health in All policies for childhood obesity prevention. *Journal of Obesity* 2013;2013(2013):1-12.
3. **Hendriks A-M**, Jansen MWJ, Gubbels JS, Vries de NK, Paulussen T, Kremers SPJ: Proposing a theoretical framework for integrated health policy making with an application to childhood obesity - the Behavior Change Ball. *Implementation Science* 2013;8:46-62. **IF: 3.1 Highly accessed.**
4. **Hendriks A-M**, Habraken J, Jansen MWJ, Gubbels JS, Vries de NK, Oers van HAM, Michie S, Atkins L, Kremers SPJ: 'Are we there yet?' - operationalizing the concept of integrated public health policies. *Health Policy* 2014;114(2):174-182. **IF: 1.7.**
5. **Hendriks A-M**, Jansen MWJ, Gubbels JS, Vries de NK, Molleman NK, Kremers SPJ: Local government officials' views on intersectoral collaboration within their organization- A qualitative

- exploration. *Health Policy and Technology* 2015;4(1):47-57.
6. **Hendriks A-M**, Delai MY, Thow A-M, Gubbels JS, Vries de NK, Kremers SPJ, Jansen MWJ: Perspectives of Fijian Policymakers on the Obesity Prevention Policy Landscape. *BioMed Research International* 2015, in press. **IF: 2.7.**
 7. **Hendriks A-M**, Jansen MW, Gubbels JS, Vries de NK, Kremers SP: One more question to guide the development and implementation of health in all policies: integrate? *Health Promotion International* 2015:1-3.
 8. **Hendriks A-M**, Gubbels JS, Jansen MWJ, Kremers SPJ: Health Beliefs regarding Dietary Behavior and Physical Activity of Surinamese Immigrants of Indian Descent in The Netherlands: A Qualitative Study. *International Scholarly Research Network ISRN Obesity*, 2012:1-8.
 9. Van Koperen TM, Van der Kleij MJJ, Renders CM, Crone MR, **Hendriks A-M**, Jansen MWJ, Van de Gaar VM, Raat JH, Ruiters ELM, Molleman GRM, Schuit AJ, Seidell JC: Design of CIAO, a research program to support the development of an integrated approach to prevent overweight and obesity in the Netherlands. *BMC Obesity* 2014;1:1-12.
 10. Akande VO, **Hendriks A-M**, Ruiters RAC, Kremers SPJ: Determinants of dietary behavior and physical activity among Canadian Inuit: a systematic review. *International Journal of Behavioral Nutrition and Physical Activity* 2015;12:84-101.

Courses

2013-2014	Creative thinking skills course	Maastricht, NL
2013-2014	Introduction in Qualitative Comparative Analysis	Utrecht, NL
2013-2014	Popular Scientific Writing, School for Journalism	Utrecht, NL
2013-2014	Qualitative Research training	Antwerp, Belgium
2012-2013	Time management course	Maastricht, NL
2011-2012	Personal Effective working skills	Maastricht, NL
2011-2012	Presentation skills training	Maastricht, NL
2011-2012	Braintraining: mindmapping etc.	Maastricht, NL
2011-2012	Decentralized Governance - Faculty of Law	Maastricht, NL
2011-2012	Introduction course Constitutional and Administrative Law - Faculty of Law	Maastricht, NL
2010-2011	Website management	Den Bosch, NL
2009-2010	Journalism and New Media – online course	Maastricht, NL
2009-2010	Czech language course – Charles University	Prague, Czech Republic
2007-2008	Mindfulness course	Maastricht, NL
2007-2008	Training for trainers ‘Disability Awareness & Interviewing’	Maastricht, NL
2007-2008	Training tutor skills: problem-based learning	Maastricht, NL
2006-2007	Tour guide training	Maastricht, NL
2003-2005	Aerobics instructor	Drachten, NL

Languages

Dutch	Mother tongue
English	Proficient in speaking, listening, writing and reading
German	Proficient in speaking, listening, writing and reading
French	Moderate in speaking, listening, writing and reading
Czech	Moderate in speaking, listening, writing and reading